

FibroAction Trustees

Lindsey Middlemiss, FibroAction Founder & Chair

Lindsey Middlemiss has had Fibromyalgia Syndrome (Fibro) since 2002, when she developed the condition following a whiplash injury during her final year of University. A trained meteorologist who was in the University slalom ski team, Lindsey had to give up on her dreams of a career in yacht racing because of Fibro.

Having struggled to get adequate treatment on the NHS, becoming severely ill because of this, Lindsey finally got treatment privately and gained much more control over her condition. Her experiences left her with an in-depth understanding of the difference awareness of Fibro can make.

A support group leader in West Berkshire (UK), Lindsey has worked to raise awareness locally and campaigned the NHS for better provision of services for Fibro sufferers. Lindsey is also the author of the blog '[Living With Fibromyalgia](#)', a source of information relating to Fibro, and has moderated on online communities for a number of years, first on [helpforibs.com](#) and then on [butyoudontlooksick.com](#).

Lindsey is 27, married, and lives in Newbury, West Berkshire.

Emma Levick, FibroAction Founding Trustee

Emma Levick has had full-blown Fibro since 2004, but may have had the condition for even longer. Emma is an artist and was working as an art teacher when she became really ill with Fibro. At her worst, Emma was unable to even walk or talk.

Emma was responsible for the setting up of a support group in South Cheshire and has worked to raise awareness of Fibro locally. Emma has also helped to raise awareness online and has been involved with national awareness campaigns, such as the PolkaDotGals 2009 Calendar for Fibro Awareness, which she appears in.

Emma is 29, engaged, and lives in Nantwich, Cheshire.

Sue Quarrie, FibroAction Founding Trustee

Sue Quarrie is Lindsey Middlemiss' mother. A solicitor who has helped with local Fibro awareness raising events, Sue now brings her knowledge and skills to FibroAction.