

# About Fibro Fact Sheets

Information on Fibromyalgia Syndrome  
Fact Sheet 14

## What Is The Prognosis?

**The prognosis for people with Fibro today is better than ever.**

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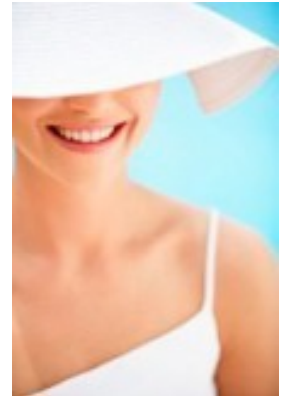
Huge strides have been made in understanding of the condition in recent years and research continues to be carried out to push this understanding forward further and develop more and more effective treatments for the condition.

The top Fibro experts consider that Fibro is "eminently treatable" (Daniel Clauw MD, August 2008).

With effective treatment, patients with Fibro can improve, sometimes significantly. Even those patients who have multiple health conditions can find that effective treatment of their Fibro makes a huge difference to their lives.

Many patients, in the UK especially, struggle to get a timely diagnosis and effective treatment. However, this does not mean that effective treatments do not exist and FibroAction is working to improve access to these treatments.

**Getting Fibro under some kind of control can take a lot of work and some time, but with a good healthcare team, a supportive network of family and/or friends and a positive, proactive attitude, it *is* possible.**



References available online at: <http://www.fibroaction.org/Pages/About-Fibro-References.aspx>

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